

# Sight-reading A fearless approach

- Have a method
  - o Systematic approach to teaching rhythm
  - o Systematic approach to scale and arpeggio study
  - o Systematic approach to SR prep time
- Practice sight-reading regularly
- Make it fun

### Rhythm

- Teach small to large note values rather than large to small note values
- This works with all ages elementary to advanced high school
- Students learn rhythm very quickly and accurately
- Practice with a metronome...always in "slow motion" until the concept is solid
- Always insist students <u>count</u> and <u>clap</u>
  - o Each 1/16<sup>th</sup> note gets one syllable
  - o Circle the syllable on which a note starts
  - o Underline how long the note lasts
  - o Begin easy with <u>all</u> 1/16<sup>th</sup> notes
  - o Add ties to create eights, quarters, halves and etc.
  - o Move the tie around to create syncopation
- (See attached rhythm sheet)
  - o Slowly begin to increase tempo
  - After concept is solid student may begin to only say the syllable on which the note begins
  - Transition this concept to playing on a single note
- When introducing this concept, spend approximately 5-10 minutes <u>each day</u>, this can be reduced over time
- Include written quizzes that require students to write in, circle and underline syllables



I usually write the exercises on the board rather than creating them as handouts.

### Scales and Arpeggios

- Systematic approach to scale and arpeggio study
  - o Outline the year with target dates for each scale
  - o Insist on correct notes, good intonation and correct fingerings
  - Don't always begin rehearsal with the same scale...the "warm up scale syndrome"
  - o Make them fun! Create different scale exercises a scale isn't a useful tool unless it is committed to muscle memory
    - See scale sheet
      - "Top note down"
      - "Up the A down the B flat"
      - "Scale in thirds"
      - "Add a note"
      - "Groups of 3"
      - Etc.
  - o Help students identify the value in scales
    - Analyze music in class to show them that most phrases are a combination of scales and arpeggios

# MPA Sight-reading Prep Time

- · Review your districts guidelines as they are slightly different district to district
- Have a plan before you enter the room make sure students know the plan
- Prep time is usually 7-10 minutes
  - Varies district to district some allow students and directors to preview music for the entire time, some have a "director only" preview time
- Know your students know their weakness / strengths and etc.
  - In the prep time, don't spend time on things students will read well but focus on their weaker areas / sections.
- Preview:
  - o Scan and identify the following:



- Key
- Time signature
- Key and or time signature changes
- Tricky rhythmic patterns
- Form (road map)
- Tricky melodic or intervallic passages

#### o As a group

- Have students <u>touch</u> the key signature with their finger remind them of the sharp / flat etc. (high 2 etc.)
  - If you feel time allows have students finger through scale corresponding to the key
- Have students <u>touch</u> time signature and discuss it briefly (especially if it is a compound meter)
- Have students touch the road map
- Have students touch tempo changes

#### o Option 1

- Air bow and sing through the entire piece while you conduct and sing and or talk them through
- If there is a need, stop for especially tricky spots and do a very brief "mini rehearsal"
- Finish this read through with enough time to review trick spots
- Don't forget to talk about musicality, dynamics, tempo changes and etc.
- Clap tricky spots / finger and air bow

#### o Option 2

- Air bow and sing through the tricky spots of the piece.
- Clap tricky spots / finger and air bow
- Air bow and sing through the entire piece while you conduct and sing and or talk them through
- Don't forget to talk about musicality, dynamics, tempo changes and etc.

#### o Concluding the prep time

- Save enough time to:
  - Remind students of road map
  - Remind students of key
  - Remind them of the "mistakes they might make"
  - Ask them if they have questions



- Play a tuning note
- Begin

## Sight-reading something every day

- No one is good at something unless it is practiced regularly!
- Have Faith!
  - Time spent on sight reading will pay for itself as students can learn music faster
- This can be something simple
  - o In the beginning of the year, read a rhythmic pattern on the board
  - o Sight read a passage of something you are going to play on a concert later in the year and then leave in the folder
  - Make sight reading folders
  - o Purchase sight reading method books
- Daily practice
  - o You learn your students strengths and weaknesses
  - o Students gain skills
  - o "Mock Sight reading" go through the entire process
  - o "Cold run sight reading" pass the music out and play it without any prep

### Take the fear out of it!

- Make it fun
  - o What took the joy out of reading? Beginners are always eager to read the next line...what happened? We happened!
    - Sometimes our teaching methods "downplay" sight-reading
    - Sometimes we aren't willing to let them struggle and immediately default to rote teaching
  - Sight reading challenges / games in class
    - Rhythm slides
    - Each student read a measure of a piece
    - Etc.

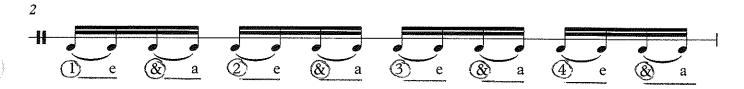
#### Rhythm - Small to Large

# Count and clap In SLOW MOTION (1/16 = 60)

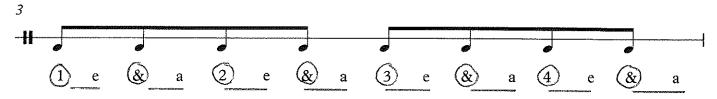
- 1. Each 1/16 note gets one syllable
- 2. Circle the syllable the note starts on
- 3. Underline how long the note lasts



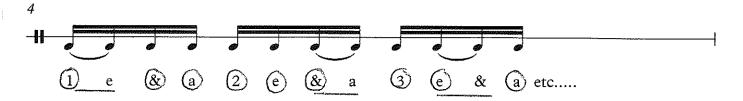
#### Add ties to make longer valued notes

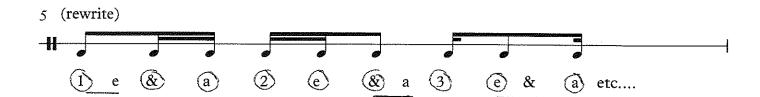


Ask students if there is an easier way to write tied 1/16th notes

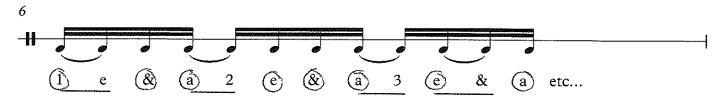


Add ties to various parts of the beat - Contine to circle and underline





Add ties accross the beat





#### Top coming down

